

## Staff

Our bereavement programs are facilitated by Hospice Southwest bereavement counselors and specially trained volunteers.

## Additional Bereavement Services

- Consultation for families coping with a life-threatening illness
- Short term individual grief counseling
- Counseling for pregnancy loss, stillbirth or newborn death
- Crisis debriefing
- Educational presentations
- Support services for schools, businesses and community groups
- Community resource referrals

## Funding

Hope Bereavement Services are supported by grants and donations from the community. Individuals are encouraged to make donations to support the program. For more information go to [www.swmedicalcenter.org/foundation](http://www.swmedicalcenter.org/foundation) or call **360.514.3106**.

# Hope Bereavement Services

*All support groups are held at:*

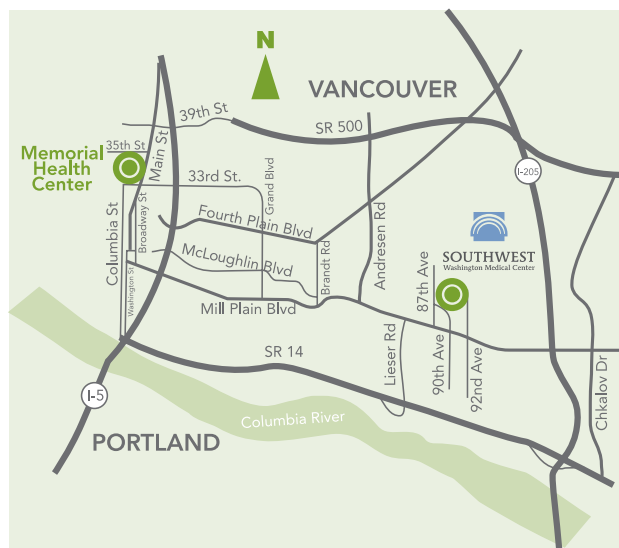
### The Bereavement Center

Memorial Health Center  
100 E. 33rd Street, Suite 202  
Vancouver, WA 98663

**360.696.5120**

360.514.4180 (TTY)

[www.swmedicalcenter.org/bereavement](http://www.swmedicalcenter.org/bereavement)



Southwest Washington Medical Center is an equal opportunity institution which does not discriminate in admission, treatment, access or employment. Interpreter services are available at no charge for the Deaf and Hard of Hearing and for those who do not speak English. Inquiries may be addressed to Interpreter & Accessibility Services, PO Box 1600, Vancouver, WA 98668, 360.514.2789 (voice), 360.514.4180 (TTY).

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# Hope Bereavement Services

Offering support and information  
for people coping with the  
death of a loved one



# Hope

## Bereavement Services

### Our Mission

To provide support to individuals, families and children as they work through their grief process and find healing.

### Our Beliefs

Grief is a normal response to the death of a loved one.



Within each individual is the innate capacity to heal.



The duration and intensity of grief is unique for each individual.



A supportive and caring environment can facilitate the process of healing.

# Pathways

## 2010 Bereavement Support for Adults

Support groups for adults who have experienced the death of a loved one. Meetings provide information on the grief process and suggestions for coping with grief.

**Evening Sessions:** First and third Tuesday of each month from 6:30 pm to 8:00 pm

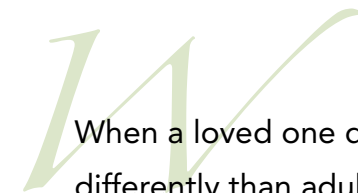
Sharing Our Stories	Jan 5	Jul 6
The Grief Process	Jan 19	Jul 20
Responses to Grief	Feb 2	Aug 3
Trauma and Grief	Feb 16	Aug 17
Differences - How	Mar 2	Sep 7
Anticipating Sig. Days	Mar 16	Sep 21
Hope and Healing	Apr 6	Oct 5
Tears and Laughter	Apr 20	Oct 19
Legal Issues	May 4	Nov 2
Tasks of Mourning	May 18	Nov 16
Facing Changes	Jun 1	Dec 7
Meaningful Symbols and Gifts	Jun 15	Dec 21

**Day Sessions:** Second and fourth Tuesday of each month from 11:00 am to 12:30 pm

Sharing Our Stories	Jan 12	Jul 13
The Grief Process	Jan 26	Jul 27
Responses to Grief	Feb 9	Aug 10
Trauma and Grief	Feb 23	Aug 24
Differences - How	Mar 9	Sep 14
Anticipating Sig. Days	Mar 23	Sep 28
Hope and Healing	Apr 13	Oct 12
Tears and Laughter	Apr 27	Oct 26
Legal Issues	May 11	Nov 9
Tasks of Grieving	May 25	Nov 23
Facing Changes	Jun 8	Dec 14
Meaningful Symbols and Gifts	Jun 22	Dec 28

# Stepping Stones

## Bereavement Support for Children and Their Families



When a loved one dies, children grieve differently than adults. Stepping Stones family support groups specialize in helping children (ages 4-19) with their grief. Healing is found as group participants express their thoughts and feelings and share their stories through art, writing and other guided activities.

Bereavement counselors and volunteers provide a safe, caring environment where children learn about death, the importance of expressing emotions and special ways to remember loved ones.

For additional information please call

**360.696.5120**

[www.swmedicalcenter.org/bereavement](http://www.swmedicalcenter.org/bereavement)